

Gluten free Mondays at Chez Fred

Every Monday lunchtime and evening,
ALL fried fish is available in regular batter
or in our special new gluten-free* batter.

Fried in dedicated pans (and in
batter containing no gluten
ingredients) cod, plaice and
line-caught haddock will be
served with Fred's famous
golden chips.



www.chezfred.co.uk

*Prices subject to change
*Gluten free - no gluten
containing ingredients*

